

ABSTRACT

5 A handle for sports equipment such as a lacrosse or hockey stick
including cushioning and grip ribs. In one embodiment, the shaft of the handle
defines one or more regions of reduced diameter or thickness such as, in one
embodiment, a plurality of elongate longitudinal grooves extending around the
periphery thereof in spaced-apart relationship. Interior cushioning ribs are defined
10 in the region of the grooves by a layer of cover or coating material which is applied
to the surface of the shaft and fills the grooves. In another embodiment, the shaft
includes tapered regions in the shaft and the layer of cover or coating material fills
the tapered regions to define cushioning ribs.

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